



Welch's Light

Welch's Light Grape Juice Beverages give families a refreshing way to enjoy the great taste and goodness of Welch's grapes, but with fewer calories than 100% juice. These delicious light juice beverages:

- Are made with Welch's own grapes grown in North America by Welch's family farmers.
- Provide 45 quality calories in every 8-oz. glass, 2/3 fewer calories than Welch's 100% Grape Juice and Welch's 100% White Grape Juice.*
- Are sweetened with sucralose.
- Contain 100% daily value of the antioxidant vitamin C in each 8-oz. glass.
- Are available in two flavor varieties: Concord Grape and White Grape.

*45 calories/8-oz. serving of Welch's Light Grape Juice Beverage vs. 140 calories/8-oz. serving of Welch's 100% Grape Juice or Welch's 100% White Grape Juice.

Nutrition Facts	
Serving Size: 8 FL. OZ. (240mL)	
Servings Per Container: 8	
Amount Per Serving	
Calories 45	
% Daily Value*	
Total Fat 0g	0%
Sodium 75mg	3%
Total Carb 12g	4%
Sugars 11g	
Protein 0g	
Vitamin C	100%
Not a significant source of fat cal, sat fat, trans fat, cholest, fiber, vitamin A, calcium, and iron.	
*Percent Daily Values are based on a 2,000 calorie diet.	

